

Rehabilitation Day Program

Fast FAQs July 1, 2010 - June 30, 2011

Rehabilitation Day/Outpatient Program

A Madonna Miracle

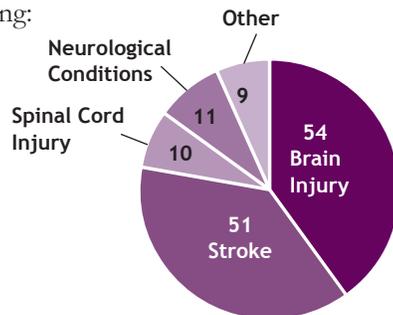


A traumatic brain injury from a fall in March 2010 upended Ed Growney’s world. Three weeks later, the 73-year-old Kansas City, Mo., native transferred to Madonna unable to walk and dependent on a ventilator and trach. Ed’s family became a constant presence during his recovery. Through Ed’s determination and help from his respiratory therapy and nursing teams, he weaned from the trach and vent within weeks. Challenging sessions on the Lokomat®, in aqua therapy, speech therapy and occupational therapy kept Ed’s goals within reach. Ed’s children documented his steady progress on YouTube.

In June, Ed transitioned to the Rehabilitation Day Program and enjoyed the convenience of staying in Madonna’s onsite housing. Two months later, an independent Ed returned home, able to walk short distances with a walker. Ed revisited Madonna in 2011, walking proudly using a cane, and distributed copies of a book he wrote documenting his rehabilitation journey. “Madonna gave me back my life,” said Ed.

How much experience does the Rehabilitation Day Program have treating people like me?

- Last year, RDP served 135 patients. Patients with a variety of diagnoses were served, including the following:



- Of these, 64% admitted to RDP directly following an inpatient rehabilitation stay and the remaining 36% from external sources.

How much therapy will I have?

- Treatment plans are designed around specific individual needs and payer rules. Last year, the following was true regarding the average number of visits received:

	Brain Injury	Spinal Cord Injury	Stroke	Other Neuro	General Other
Physical Therapy	18.4	13.3	18.6	14	16.2
Occupational Therapy	19.6	11.3	20.8	12.7	16.6
Speech Therapy	19.2	3.0	19.3	7	13

Where do people come from?

- Most people are from Nebraska; however several individuals were from other states including Iowa, Missouri, Kansas, Colorado and Texas.



- Many individuals also received recreational therapy, social work, rehabilitation nursing, and/or nutrition services as part of RDP.

(continued on reverse)

How long will I be in the program?

- Last year individuals attended RDP for an average of 20 days.

What kinds of improvements can I expect?

- Last year, on average, individuals were functioning at a modified independent level with or without using adaptive equipment at the time of discharge from RDP.

What do other people say about their experience at Madonna?

- 100% rated their overall experience as “Excellent” or “Good.”
- 100% agreed they would recommend Madonna TherapyPlus RDP to family and friends.

Will Madonna help me get back to work and the other things that are important to me?

- Yes! Individuals in RDP are encouraged to participate in group activities which teach and promote community re-entry, including:
- Independent Living Skills Training (learning to cook, dress, and take care of yourself)
- Adaptive Sports & Recreation Outings (examples include golf, basketball, and bowling)
- Transitions Group (skills for community living, including disability rights, self advocacy, health maintenance, and adjustment))
- Work Re-Entry (learning the skills to go back to work or succeed at another type of job)
- Wellness Group (exploring ways to promote a healthy lifestyle and prevention of secondary health conditions)

What happens after I am discharged?

- Many individuals will require intermittent outpatient therapy after their discharge from RDP. Depending upon where you live, this could occur here or in your home community. We contact the people we serve at least annually to see how they are doing, and to gather outcome information. The following is from individuals contacted at 6-12 months after inpatient discharge:
- 94.3% reported maintaining gains
- 26.7% reported re-hospitalization, most for new, planned or unrelated illnesses/injuries
- 77.9% of those who were working or in school prior to their illness or injury reported returning to that activity
- 73.5% reported being able to return to homemaking roles
- 59.4% were able to return to driving

Is Madonna accredited?

- Madonna is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) as an Outpatient Medical Rehabilitation Program for adults, pediatrics, Brain Injury, Spinal Cord System of Care and Stroke Specialty Program. Every three years, the hospital undergoes a rigorous review of our programs to ensure they meet or exceed very high standards of care for our patients.