

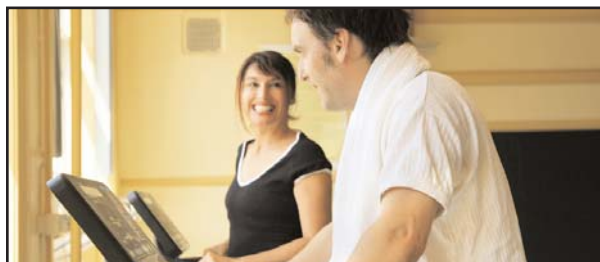
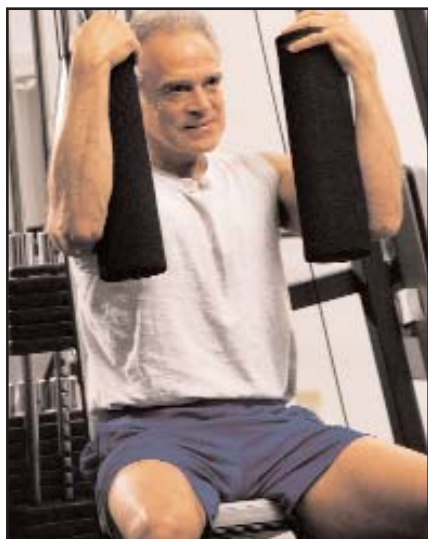
Structured Independence Exercise Program

The Madonna ProActive Structured Independence Exercise Program allows Madonna TherapyPlus patients the opportunity to continue their rehabilitation exercises in a structured setting after discharge from outpatient therapy services at no additional charge. In addition, you will participate in a study which examines how continuing exercise after therapy helps you to keep doing the things you want to do.

Who is eligible to participate in this program?

Any client receiving outpatient physical or occupational therapy services at any of the Madonna TherapyPlus clinics.

For more information, call (402) 420-0004.



What do I need to do in order to participate?

At the completion of your therapy program from Madonna TherapyPlus, your therapist will set up a continued exercise plan for you. You will need to check in at the front desk to complete paperwork, and receive your 30-day exercise pass, at no extra charge to you.

What do patients receive from participation in the program?

Participants will be able to complete their exercise program in a structured environment at Madonna ProActive. Therapists and trainers are available to assist as needed.

Madonna ProActive Hours

Monday-Thursday 5:00 a.m. - 10:00 p.m.
Friday 5:00 a.m. - 8:00 p.m.
Saturday and Sunday 7:00 a.m. - 7:00 p.m.

What happens at the end of the 30-days?

At the conclusion of the 30-day period, you will complete your final paperwork. It is our hope that you will have improved your functional abilities and will continue to complete an upgraded exercise program.



www.MadonnaProActive.org
7111 Stephanie Lane
(55th & Pine Lake Road)
402-420-0004
M-Th 5 am-10 pm, F 5 am-8 pm
Sat & Sun 7 am-7pm