### **Acute Rehabilitation Program**

Fast FAQs July 1, 2011 - June 30, 2012 Acute Rehabilitation (AR)

### A Madonna Miracle

In McCool Junction, Neb., Grant Fisher wears many hats as the high school principal, activities director and coach. He is also a devoted husband, father and pilot.

On a summer day, Grant was flying a cropduster that crashed. He spent 51 days in a coma and was minimally responsive when he transferred to Madonna with a traumatic brain injury.

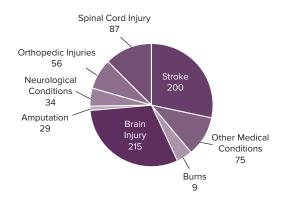
Within a week of rehabilitation, Grant could sit unassisted and was weaned off the ventilator. The determined educator became a stellar student and surprised his care team with rapid improvements.

On Sept. 26, nearly three months after his accident, Grant was in the stands at a football game, cheering on his beloved McCool Junction Mustangs.



### How much experience does Madonna Rehabilitation Hospital have treating people like me?

- Last year, Madonna served 705 individuals in our specialty acute rehabilitation units.
- The average age was 52 years old, including 94 adolescents and children.



 Unlike any other rehabilitation setting in Nebraska, Madonna has specialized rehabilitation units and teams for different populations such as brain injury, stroke, spinal cord injury and for adolescents/children. Physicians, nurses and therapists staff these units with expertise in treating people with these diagnoses.

### Where do people come from?

 Hospitals throughout the Midwest refer patients to one of Madonna's specialty rehabilitation units.
Last year, 43% of those served were referred from hospitals outside Lincoln.



### How much therapy will I have?

- Last year people in specialty acute rehabilitation units had an average of 3.3 hours of therapy per day. This includes physical therapy, occupational therapy, speech therapy, recreational therapy and rehabilitation psychology delivered by a licensed therapist.
- As appropriate, you may also receive nutrition and/or respiratory therapy.

### How often will I see a doctor?

 You will be seen regularly by a Madonna physiatrist, a doctor who specializes in rehabilitation, and as needed by physicians with other medical specialties.

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# What happens if I get sick or have a medical emergency?

- Madonna is a hospital with medical staff available 24 hours a day, 7 days per week, with Advanced Life Support certification and the equipment and processes in place to respond to medical emergencies.
- Last year, 11.5% of our patients transferred to acute care hospitals, of which 67 (9.5%) were unplanned. This is lower than the national average (12).

### How will my family be involved?

 You and your family are the most important people on the rehabilitation team. Family members will be invited to participate in treatment planning and goal setting, family meetings, and education and training sessions. Housing options, support groups, and other resources are available. Talk with your case manager or social worker to learn more.

### How long will I be at Madonna?

 The amount of time you spend at Madonna varies from just a few days to several weeks based upon your individual needs, progress being made and your insurance company. Last year, the average patient stay was 29.2 days.

### What kinds of improvements can I expect?

- While individual results vary, most individuals were able to care for themselves and walk or get around in a wheelchair with minimal help from their family members at discharge.
- It is common for individuals who discharge from one of the specialized rehabilitation units to continue to receive therapy services as an outpatient.
- Last year, most people (67.2%) were able to return home after their acute rehabilitation stay, which is higher than the regional benchmark of 65.8%.

## What do other people say about their experience at Madonna?

• We are proud to report that 95.7% rated their experience as "Excellent" or "Good."

### Does Madonna hold any special accreditation?

Madonna is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) as a Comprehensive Integrated Inpatient Program, Hospital level. Every three years, the hospital undergoes a rigorous review of our programs to ensure they meet or exceed very high standards of care for our patients. In April 2012, Madonna once again earned the highest accreditation level possible — three years.