

# Orthopedic Rehabilitation Program

**Fast FAQs** July 1, 2010 - June 30, 2011 Transitional Care Unit (TCU)

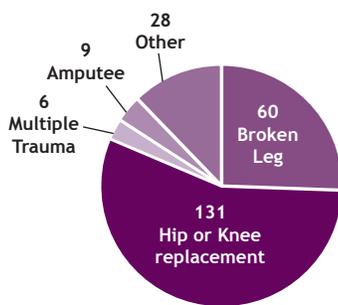
## A Madonna Miracle



Ann Koenig battled poor mobility for almost four years before having a total hip replacement. “I wanted to walk normally again and play with my grandchildren,” said Ann. Physical therapists on Madonna’s Transitional Care Unit helped Ann learn to adjust to her new hip. Daily exercises strengthened the joint and increased Ann’s range of motion. Using a walker for balance, Ann made laps around the hallways. Maneuvering the stairs was awkward at first, but her persistence paid off. In two weeks, a confident Ann returned home. She can’t wait to resume gardening and more importantly, spending time outdoors with her five grandchildren. “Being able to keep up with the kids in fun activities, like swimming and going to the zoo, will be wonderful!”

### How much experience does Madonna Rehabilitation Hospital have treating people like me?

- Last year, Madonna served 234 people on TCU with orthopedic injuries.



- Individuals ranged in age from 20 to 99 years old, with 24 people who were age 55 or younger.

### How will Madonna manage my pain?

- You will receive an individualized pain management program.
- Madonna uses both pharmacy and non-pharmaceutical methods (e.g., ice, positioning, relaxation techniques) to manage pain. These methods are timed so you can participate in therapies as comfortably as possible.
- Last year, 72.7% agreed or strongly agreed that their pain was adequately controlled.

### How much therapy will I have?

- Last year, on average, individuals with orthopedic injuries received 1.6 hours of physical and occupational therapy per day.

### How long will I be at Madonna?

- Your stay on TCU will be individualized to meet your therapy goals. Individual results vary, but last year, the average length of stay was 14 days.

### What kinds of improvements can I expect?

- On average, people with orthopedic injuries met 86% of their goals last year.
- While individual results vary, on average, persons with orthopedic injuries needed some assistance at discharge.

	Self Care	Mobility
Leg fracture	Independent	Supervision
Total joint replacement	Supervision	Supervision
Other	Supervision	Supervision

### What do other people say about their experience at Madonna?

- Last year, 97.3% of patients served rated their experience as “Excellent” or “Good” overall.
- 91.5% agreed they would recommend Madonna to family and friends.

*(continued on reverse)*

### Will I be able to go home after staying at Madonna?

- Last year 89.2% of persons with orthopedic conditions discharged to community settings.

	Home or Assisted Living	Acute Care	Nursing Home
Broken Hip	78.3%	1.7%	20%
Hip or Knee Replacement	97%	0.8%	2.2%
Major Multiple Trauma	50%	16.7%	33.3%
Other Orthopedic	81.5%	7.4%	11.1%
All Orthopedic	89.2%	3.1%	7.7%

### Will I continue to make progress after I go home?

- Yes. Generally patients will continue their therapy at home utilizing home health or outpatient services. 98.6% of patients report they have maintained their gains after three months following their stay at Madonna.

### Is Madonna accredited?

- Madonna is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) as a Comprehensive Integrated Inpatient Program, Skilled Nursing Facility level. Every three years, the hospital undergoes a rigorous review of our programs to ensure they meet or exceed very high standards of care for our patients.