



- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- Traditional Outpatient (OP)—Physical, Occupational and/or Speech Therapy 1-3 times per week.
  Rehabilitation Psychology available.
- Specialty Clinics and Assessments—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

**744** people with a brain injury were served by RDP/OP in Lincoln. **574** (77%) had a traumatic brain injury and the remaining **170** (23%) had a non-traumatic brain injury.

The average age was **43.9** years old.

#### AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	ОР
Physical Therapy	15.7	10.4
Occupational Therapy	14.8	12.6
Speech Therapy	14.5	8.4

As appropriate, people with a brain injury also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

## **LENGTH OF PROGRAM**

Individuals with a brain injury attended RDP for an average of **18** days.

## **EXPECTED OUTCOMES**

While individual results vary, last year most individuals with a brain injury functioned at an independent level with or without using adaptive equipment at the time of discharge.



# BRAIN INJURY REHABILITATION PROGRAM

**OUTPATIENT / REHABILITATION DAY PROGRAM - LINCOLN CAMPUS** 

#### PATIENT SATISFACTION

- 100% of people in RDP/OP with a brain injury rated their overall experience as excellent or good.
- 100% said they would "definitely" recommend Madonna TherapyPlus to family and friends.



# UNPLANNED TRANSFERS TO ACUTE CARE

Last year **6** individuals with a brain injury were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

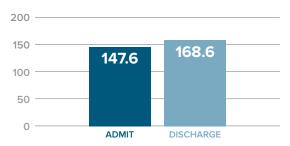
#### LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

#### INDEPENDENCE LEVEL

Patients with a brain injury in Madonna's Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change-Admission to Discharge

#### **ACCREDITATION**

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Brain Injury Specialty Program.