

Outpatient/Rehabilitation Day Program

Omaha Campus

How much experience does Madonna TherapyPlus have treating people like me?

Last year, 180 individuals with stroke were served in one or more of the following areas:

- Rehabilitation Day Program (RDP)—an intense, coordinated outpatient program.
- Traditional Outpatient (OP)—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.

How much therapy will I have?

- Treatment plans are designed to meet individual needs and payer rules. Last year, the following illustrates the average number of visits received:

	RDP	OP
Physical Therapy	15.9	16.6
Occupational Therapy	16.7	15.5
Speech Therapy	14.5	15.8

- Many individuals with stroke also received recreational therapy, social work services, rehabilitation nursing, rehab psychology and/or nutrition services as part of RDP.

How long will I be in the program?

Last year individuals with stroke attended RDP for an average of 20 days.

What kinds of improvements can I expect?

While individual results vary, last year most individuals with stroke were functioning at a supervision level at the time of discharge from TherapyPlus.

What do other people say about their experience at Madonna TherapyPlus?

- 92.4% of RDP/OP with stroke rated their overall experience as “excellent”.
- 93.6% said they would “definitely” recommend Madonna TherapyPlus to family and friends.

How will Madonna help me get back to work and the other things that are important to me?

Individuals in RDP are encouraged to participate in activities which promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

What happens after I am discharged?

Many individuals will require intermittent outpatient therapy after their discharge from RDP. Depending upon where you live, this could occur here or in your home community. Madonna contacts people 6-12 months after inpatient discharge, and here are some of the outcomes they report:

- 85.1% reported maintaining gains
- 35.9% were re-hospitalized
- 32.1% returned to work or school
- 60% were driving or independently managing public transportation

Is Madonna accredited?

Yes, by CARF, the Rehabilitation Accreditation Commission, as a Stroke Specialty Program. In April 2018 Madonna earned the highest accreditation level possible—three years.