

STROKE REHABILITATION PROGRAM

**OUTPATIENT / REHABILITATION DAY PROGRAM
OMAHA CAMPUS**

171

**NUMBER OF
PEOPLE SERVED**
IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.

AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	OP
Physical Therapy	14.9	16.3
Occupational Therapy	16.1	15.1
Speech Therapy	16	16.2

As appropriate, people with stroke also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

LENGTH OF PROGRAM

Individuals with stroke attended RDP for an average of **19.2** days.

EXPECTED OUTCOMES

While individual results vary, last year most individuals with stroke were functioning at a supervision level at the time of discharge.

PATIENT SATISFACTION

- **87.5%** of people in RDP/OP with stroke rated their overall experience as “excellent.”
- **91.7%** said they would “definitely” recommend Madonna TherapyPlus to family and friends.





LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities which promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Stroke Specialty Program.

DISCHARGE TO HOME/COMMUNITY

Many individuals will require intermittent outpatient therapy after their discharge from RDP. Depending upon where you live, this could occur here or in your home community. Madonna contacts people 6-12 months after inpatient discharge. Here are some of the reported outcomes:

