BRAIN INJURY REHABILITATION PROGRAM

OUTPATIENT / REHABILITATION DAY PROGRAM LINCOLN CAMPUS



• **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.

MADONNA Rehabilitation Hospitals

- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- **Specialty Clinics and Assessments**—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

645 people with a brain injury were served by RDP/ OP in Lincoln. **548** (84%) had a traumatic brain injury and the remaining **95** (14.7%) had a non-traumatic brain injury.

The average age was **43** years old.

AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	OP
Physical Therapy	14.2	9.8
Occupational Therapy	14.5	12.1
Speech Therapy	14	8.5

As appropriate, people with a brain injury also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

LENGTH OF PROGRAM

Individuals with a brain injury attended RDP for an average of **19.8** days.

EXPECTED OUTCOMES

While individual results vary, last year most individuals with a brain injury functioned at an independent level with or without using adaptive equipment at the time of discharge.

BRAIN INJURY REHABILITATION PROGRAM outpatient / rehabilitation day program - lincoln campus

PATIENT SATISFACTION

- **96.56%** of people in RDP/OP with a brain injury rated their overall experience as excellent or good.
- **96.43%** said they would "definitely" recommend Madonna TherapyPlus to family and friends.



UNPLANNED TRANSFERS TO ACUTE CARE

Last year **3** individuals with a brain injury were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

INDEPENDENCE LEVEL

Patients with a brain injury in Madonna's Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.





ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Brain Injury Specialty Program.