



# SPINAL CORD INJURY REHABILITATION PROGRAM

OUTPATIENT / REHABILITATION DAY PROGRAM  
LINCOLN CAMPUS

**86**

## NUMBER OF PEOPLE SERVED

IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- **Specialty Clinics and Assessments**—specialized services focused on areas such as wheelchair seating and positioning, spasticity and pain management and assistive technology.

**86** people with spinal cord injury were served by RDP/OP in Lincoln. **71** (82.6%) had a traumatic spinal cord injury and the remaining **15** had a non-traumatic spinal cord injury.

Of those served by the RDP/OP spinal cord injury program, **80** were adults and **6** were children.

## AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. Last year, the following illustrates the average number of visits received:

	RDP	OP
Physical Therapy	29.8	7.1
Occupational Therapy	21.7	5.5
Speech Therapy	8.5	0

As appropriate, people with spinal cord injury also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

## LENGTH OF PROGRAM

Individuals with spinal cord injury attended RDP for an average of **23.1** days.

## EXPECTED OUTCOMES

While individual results vary, last year most individuals with spinal cord injury were functioning at an independent level with or without using adaptive equipment at the time of discharge.



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### PATIENT SATISFACTION

- **100%** of people in RDP/OP with spinal cord injury rated their overall experience as excellent or good.
- **100%** said they would “definitely” recommend Madonna to family and friends.



### UNPLANNED TRANSFERS TO ACUTE CARE

Last year **0** individuals with spinal cord injury were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

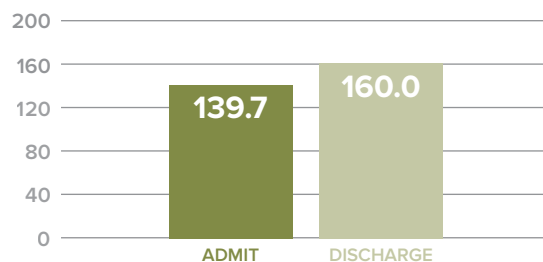
### LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

### INDEPENDENCE LEVEL

Patients with a spinal cord injury in Madonna’s Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change—Admission to Discharge

### ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Spinal Cord Injury Specialty Program.