

## Outpatient/Rehabilitation Day Program

### Lincoln Campus

#### How much experience does Madonna TherapyPlus have treating people like me?

Last year, 69 individuals with spinal cord injury were served in one or more of the following areas:

- Rehabilitation Day Program (RDP)—an intense, coordinated outpatient program.
- Traditional Outpatient (OP)—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- Specialty Clinics and Assessments—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

#### How much therapy will I have?

Treatment plans are designed to meet individual needs and payer rules. Last year, the following illustrates the average number of visits received:

	RDP	OP
Physical Therapy	19.1	10.6
Occupational Therapy	18.9	6.2
Speech Therapy	4	1

Many individuals with spinal cord injury also received recreational therapy, social work services, rehabilitation nursing, neuropsychology and/or nutrition services as part of the rehab day program.

#### How long will I be in the program?

Last year individuals with spinal cord injury attended the rehab day program for an average of 18 days.

#### What kinds of improvements can I expect?

While individual results vary, last year most individuals with spinal cord injury were functioning at an independent level with or without using adaptive equipment at the time of discharge from TherapyPlus.

#### What do other people say about their experience at Madonna TherapyPlus?

- 87% of RDP/OP with spinal cord injury rated their overall experience as “excellent”.
- 100% said they would “definitely” recommend Madonna TherapyPlus to family and friends.

#### How will Madonna help me get back to work and the other things that are important to me?

Individuals in RDP are encouraged to participate in activities which promote community re-entry and resumption of life role, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

#### What happens after I am discharged?

Many individuals will require intermittent outpatient therapy after their discharge from RDP. Depending upon where you live, this could occur here or in your home community. Madonna contacts people 6-12 months after discharge from the inpatient program, and here are some of the outcomes they report:

- 33% were re-hospitalized
- 56% returned to work or school
- 73% were driving or independently managing public transportation

#### Is Madonna accredited?

Yes, by CARF, the Rehabilitation Accreditation Commission, as an Outpatient Medical Rehabilitation Program and Spinal Cord Specialty Program.