

STROKE REHABILITATION PROGRAM

OUTPATIENT / REHABILITATION DAY PROGRAM LINCOLN CAMPUS

219

NUMBER OF PEOPLE SERVED IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- **Specialty Clinics and Assessments**—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

The average age was **65.5** years old.

Age	# Served
0-18	7
19-34	5
35-64	82
65+	125

AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	OP
Physical Therapy	16.5	14
Occupational Therapy	16.4	9.6
Speech Therapy	16	15

As appropriate, people with stroke also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

LENGTH OF PROGRAM

Individuals with stroke attended RDP for an average of **18.9** days.

EXPECTED OUTCOMES

While individual results vary, last year most individuals with stroke were functioning independently with an assistive device or needing extra time to complete tasks (modified independence level) at time of discharge.



PATIENT SATISFACTION

- **100%** of people in RDP/OP with stroke rated their overall experience as “excellent.”
- **100%** said they would “definitely” recommend Madonna TherapyPlus to family and friends.



UNPLANNED TRANSFERS TO ACUTE CARE

Last year **5** individuals with stroke were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

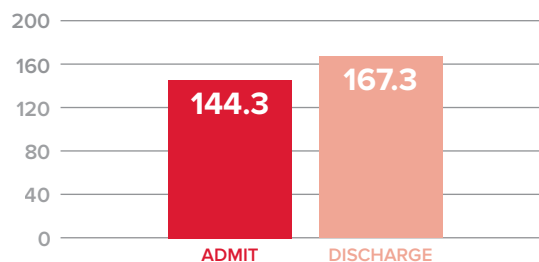
LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

INDEPENDENCE LEVEL

Patients with stroke in Madonna’s Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change—Admission to Discharge

ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARE, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Stroke Specialty Program.