

# SPINAL CORD INJURY REHABILITATION PROGRAM

**OUTPATIENT / REHABILITATION DAY PROGRAM  
LINCOLN CAMPUS**

**99**

## NUMBER OF PEOPLE SERVED

IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- **Specialty Clinics and Assessments**—specialized services focused on areas such as wheelchair seating and positioning, spasticity and pain management and assistive technology.

## AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. Last year, the following illustrates the average number of visits received:

	RDP	OP
Physical Therapy	16.4	9.2
Occupational Therapy	15.8	4.7
Speech Therapy	0	5.5

As appropriate, people with spinal cord injury also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

## LENGTH OF PROGRAM

Individuals with spinal cord injury attended RDP for an average of **20** days.

## EXPECTED OUTCOMES

While individual results vary, last year most individuals with spinal cord injury were functioning at an independent level with or without using adaptive equipment at the time of discharge.

## PATIENT SATISFACTION

- **92.8%** of people in RDP/OP with spinal cord injury rated their overall experience as excellent or good.
- **100%** said they would “definitely” recommend Madonna to family and friends.



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### LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities which promote community re-entry and resumption of life roles, including:

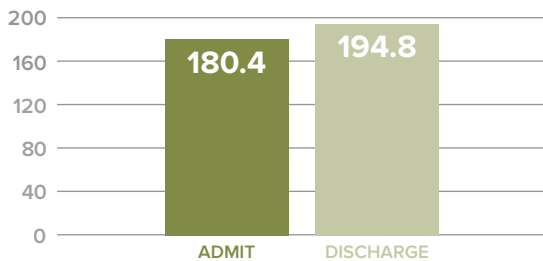
- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

### ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Spinal Cord Specialty Program.

### INDEPENDENCE LEVEL

Patients with a spinal cord injury in Madonna's Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change-Admission to Discharge