

# Spinal Cord Injury Rehabilitation Program

## Fast Facts FAQs July 1, 2016–June 30, 2017

### Madonna Rehabilitation Hospital

#### Lincoln Campus

#### How much experience does Madonna have treating people like me?

- Last year, Madonna served 282 persons with spinal cord injury, including 126 in the acute rehabilitation hospital (MRH).
- The average age was 47 years old.
- Unlike any other rehabilitation setting in Nebraska, MRH has a dedicated rehabilitation unit, staff and physician who care for persons who have had a spinal cord injury. You will interact daily with other people who have experienced a spinal cord injury and benefit from care delivered by a specialized spinal cord injury rehabilitation team.

#### Where do people come from?

Hospitals throughout the Midwest refer patients with spinal cord injury to Madonna. Last year, nearly 48% of patients with spinal cord injury came from areas outside Lincoln.

#### How much therapy will I have?

- Last year, people with spinal cord injury had an average 3.7 hours of physical, occupational, speech, psychology and/or recreational therapy per day delivered by licensed therapists.
- As appropriate, you may also receive respiratory and nutrition therapy.

#### How often will I see a doctor?

You will be seen several days per week by a physiatrist, a doctor who specializes in rehabilitation, and as needed by physicians with other specialties such as Internal Medicine, Pulmonology or others.

#### I have other medical problems. What happens if I get sick or have a medical emergency?

- Madonna is a hospital with clinical staff on-site 24 hours a day, seven days per week.
- Last year 7% of patients with spinal cord injury had unplanned discharges to acute care. Most were able to return to MRH and complete the program.

#### How long will I be at Madonna?

Individuals with paraplegia stayed at MRH an average of 46 days and individuals with tetraplegia stayed an average of 55 days.

#### What kinds of outcomes can I expect?

- 96% of inpatients with spinal cord injury met their predicted outcomes at discharge.
- 64% were discharged to a community setting.
- Patients with spinal cord injury made 24 points in functional gains which is competitive with the nation (24) and the region (26).

#### What do other people say about their experience at Madonna?

- 90% of patients with spinal cord injury rated their overall experience as excellent or good.
- 98% said they would “definitely” recommend Madonna’s spinal cord injury rehabilitation program to family or friends.

#### Is Madonna accredited?

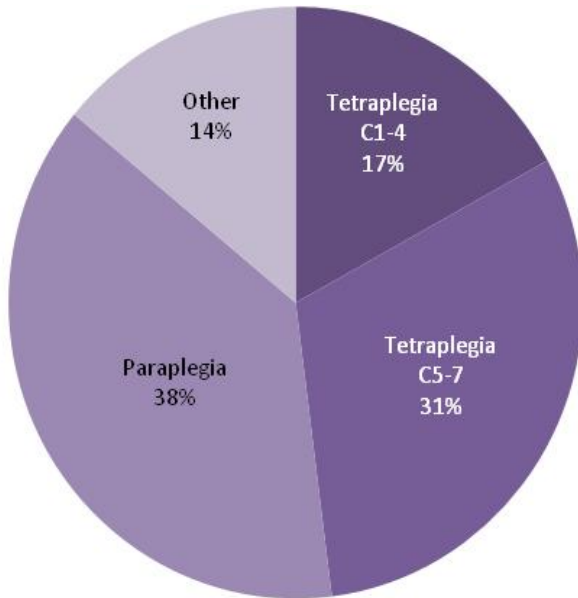
Yes, by CARF, the Rehabilitation Accreditation Commission, as a Spinal Cord System of Care. In April 2015 Madonna earned the highest accreditation level possible—three years.

2017 Injury Stats for acute rehab

63 Traumatic Injuries

63 Non-traumatic Injuries

### Level of Injury



### Ages of Patients served

