

## Outpatient/Rehabilitation Day Program

### Lincoln Campus

#### How much experience does Madonna TherapyPlus have treating people like me?

Last year, 233 individuals with stroke were served in one or more of the following areas:

- Rehabilitation Day Program (RDP)—an intense, coordinated outpatient program.
- Traditional Outpatient (OP)—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- Specialty Clinics and Assessments—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

#### How much therapy will I have?

- Treatment plans are designed to meet individual needs and payer rules. Last year, the following illustrates the average number of visits received:

	RDP	OP
Physical Therapy	17.8	12.4
Occupational Therapy	19.7	9.9
Speech Therapy	18.1	8.9

- Many individuals with stroke also received recreational therapy, social work services, rehabilitation nursing, and/or rehab psychology.

#### How long will I be in the program?

Last year individuals with stroke attended RDP for an average of 21.6 days.

#### What kinds of improvements can I expect?

While individual results vary, last year most individuals with stroke were functioning at a modified independent level at time of discharge from TherapyPlus.

#### What do other people say about their experience at Madonna TherapyPlus?

- 84.2% of RDP/OP with stroke rated their overall experience as “excellent”.
- 89.5% said they would “definitely” recommend Madonna TherapyPlus to family and friends.

#### How will Madonna help me get back to work and the other things that are important to me?

Individuals in RDP are encouraged to participate in activities which promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

#### What happens after I am discharged?

Many individuals will require intermittent outpatient therapy after their discharge from RDP. Depending upon where you live, this could occur here or in your home community. Madonna contacts people 6-12 months after inpatient discharge, and here are some of the outcomes they report:

- 18.2% reported maintaining gains
- 20.8% were re-hospitalized
- 50% returned to work
- 100% returned to school
- 64.3% were driving or independently managing public transportation

#### Is Madonna accredited?

Yes, by CARF, the Rehabilitation Accreditation Commission, as a Stroke Specialty Program. In April 2015 Madonna earned the highest accreditation level possible—three years.